

| Times | | CLASS SCHEDULE | | | | | |
|----------|----------|--|---|--|---|--|---|
| Start | End | Monday "A" | Tuesday "A" | Wednesday "B & C" | Thursday "B" | Friday "B & C" | Saturday Poomse/ Sparring |
| 10:00 AM | 10:30 AM | Closed | Closed | Closed | Closed | Closed | Demo Classes (Appointment Only) |
| 10:30 AM | 11:25 AM | Closed | Closed | Closed | Closed | Closed | Basics/ Poomse All Levels ("A") |
| 11:30 AM | 12:25 AM | Closed | Closed | Closed | Closed | Closed | Sparring ("C") Intermediate/ Advanced & Black Belt |
| 4:00 PM | 4:30 PM | Demo Classes (Appointment Only) | Demo Classes (Appointment Only) | Demo Classes (Appointment Only) | Demo Classes (Appointment Only) | Demo Classes (Appointment Only) | |
| 4:45 PM | 5:30 PM | Beginners Young Kids (5 - 8) | New Beginners Young Kids (5 - 8) | Beginners Young Kids (5 - 8) | New Beginners Young Kids (5 - 8) | Beginners Young Kids (5 - 8) | |
| 5:30 PM | 6:15 PM | Intermediate & Advanced Older Kids (9 - 12) | Beginners Older Kids (9 - 12) | Intermediate & Advanced Older Kids (9 - 12) | Beginners Older Kids (9 - 12) | Intermediate & Advanced Older Kids (9 - 12) | |
| 6:15 PM | 7:15 PM | Advanced & Intermediate Teens (13 - 17) | Beginners Teens (13 - 17) | Advanced & Intermediate Teens (13 - 17) | Beginners Teens (13 - 17) | Advanced & Intermediate Teens (13 - 17) | |
| 7:00 PM | 8:15 PM | Adults All Levels Good for Beginners (18+) | Adults All Levels (18+) | Adults All Levels Good for Beginners (18+) | Adults All Levels (18+) | Adults All Levels (18+) | |

Rules:

1. Students are encouraged to attend age and belt level appropriate class times.
2. Masks are now "optional". If you wear a mask, you can remove it during times of drinking water, intense physical activity or heavy breathing.
3. Please arrive a few minutes prior to class starting.
4. All online classes will remain 40 minutes in length.
5. Private lessons are by appointment only and should be scheduled through pureatekwondo@gmail.com or call 408-475-0686

Note: Students are eligible to attend other class times but must anticipate learning that days' class material

Designation of Levels:

New Beginners (White)
 Begginers (White w/ Stripes, Yellow, Orange)
 Intermediate (Purple, Green)